

Two Kingdoms, One Sun

the lesson's song — sing it, then say what it means



SONG

VERSE 1

Every animal opens a mouth to be fed,
Point to your own mouth, your teeth, and your head!
Every plant has a leaf held up to the light,
Drinking the sun from the morning to night.

CHORUS

A plant catches sunlight, its energy's free,
An animal must eat every day, don't you see,
But trace any dinner back down every trail,
It began with a plant catching sun without fail!

VERSE 2

A cracker will burn 'cause it once was alive,
It's holding the energy that keeps us alive,
But fertilizer's minerals, it won't catch a flame,
Real food carries energy, they're not the same.

CHORUS

A plant catches sunlight, its energy's free,
An animal must eat every day, don't you see,
But trace any dinner back down every trail,
It began with a plant catching sun without fail!

VERSE 3

Is there a hole in the yard where the big tree eats?
No! It sips a little water and it soaks up heat,
It builds its whole body out of air and sun,
A plant makes its food; it never eats, not one!

BRIDGE

Sun to the plant, plant to the deer,
The energy flows and it all starts here!

FINAL CHORUS

A plant catches sunlight, its energy's free,
An animal must eat every day, don't you see,
But trace any dinner back down every trail,
It began with a plant catching sun without fail!

SPOKEN

Plant catches sunlight... animal must eat... trace it
back to the sun!

How to use it. Play the recording once while everyone just listens. Play it again and join in on the chorus only — that is the part carrying the lesson. By the third time most children have the chorus. Then close the binder and ask what the words actually mean; a child who can sing it and explain it has the idea for good.